

**2008 Town & Country YMCA**  
**District and Jr. District Swimming Championships**  
**February 24, 2008**  
**YMCA Sanction # CAQ 07-08 1093 and Illinois Swimming Sanction # ILS0246-08A**

**Hosts:** The Joliet Community Swim Association and the Joliet JETS YMCA Swim Team welcomes you.

|   |   |   |
|---|---|---|
| <b>Meet Director</b>  | <b>Meet Entry Chairperson</b>   | <b>Head Referee</b>   |
| George A Galounis<br>611 Western Ave<br>Joliet IL 60435<br>(815) 726-5723<br><a href="mailto:gagalounis@comcast.net">gagalounis@comcast.net</a> | Karen Dundek<br>21426 S. Covey Ct<br>New Lenox IL 60451<br>(815) 485-5751<br><a href="mailto:dundek@comcast.net">dundek@comcast.net</a> | Dick Wildey<br><br><br><br><br><br><br><br><br><br><a href="mailto:rswmref@att.net">rswmref@att.net</a> |
| <b>Officials Coordinator</b>  | <b>Head Coach</b>   |   |
| Mary Bernhard<br><br><br><br><br><br><br><br><br><br><a href="mailto:farmmjb@att.net">farmmjb@att.net</a>                                       | Dave Hedden<br>(815) 726-3939<br><a href="mailto:dhedden@jolietyymca.org">dhedden@jolietyymca.org</a>                                   | Smith Family YMCA<br>1350 S. Briggs Street<br>Joliet, IL 60433  |

**Location and Facility:** The meet is at the Oswego East High School, 1525 Harvey Road, Oswego, IL 60543. Phone: 630 636-2312. The pool is a 25 yards eight lane pool with Keifer Advantage II Wave Eater non-turbulent lane lines. Starting blocks are located at the south end with pool depth of 12' 6". Turning end of pool has a depth of 4' 6". A two lane warm-up/cool-down pool is available for use under coaches' supervision

Colorado electronic timing system with touchpads and push buttons (2/lane) will be used at the starting end of the pool. Push button (2) scoring will be used at the turning end of the pool for 25 yard events. Two timers will be in each lane as well as a back-up timer for all lanes. Starting blocks will be at one end of the pool only. Relay events for the 8 and under age group will start in the water for laps 2 and 4.

Entry to the meet will be through the southwest entrance of the building and will be marked. Pool side locker rooms are available to the swimmers. The facility has public restrooms in the hallway adjacent to the pool. The host team will be offering concessions. Swimmers and coaches may access the pool area either through the locker rooms or the center set of doors from the adjacent hallway.

A team area will be provided in the auxiliary gym on the south side of the building just east of the pool area. Folding/portable chairs will be allowed in this area; sleeping bags, blankets are recommended for swimmers. Every team should make every effort to keep the Team area clean.

**Parking:** There is plenty of parking available on the south side of the school.

Spectator viewing is available in stands immediately above the pool (second floor). Access to the viewing area is available via stairs. For those requiring assistance, an elevator is available. However, the elevator is locked, please contact the Meet Director for assistance. The walkway on the second floor is narrow. Please limit use of personal chairs in this area.

The school will be open at approximately at 6:30 AM for the meet.

**Meet Schedule:** This will be a **Single Day Championship Meet**. The girls will compete in the morning and the boys in the afternoon per the following schedule. A two- session Warm-up will not begin before the listed time, but may begin later.

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| <b>Session</b> | <b>Warm- Up Time</b>                                      | <b>Meet Start</b>                       |
|----------------|---|---|
| Girls          | 7:00 - 7:40 AM<br>7:40 - 8:20 AM                          | 8:30 AM                                 |
| Boys           | 12:30 - 1:10 PM<br>1:10 - 1:50 PM                         | 2:00 PM                                 |
| Time Trials    | Warm-up/Cool-Down Pool<br>Available at Coaches Discretion | Immediately<br>Following Meet<br>Events |

**Eligibility:** The swimmer's age as of December 1, 2007 will determine their age for the meet. Swimmers must be full members of their respective YMCA and the YMCA swim team as of December 1, 2007.

**Coaches:** Coaches' information packets will be available to coaches in the Hospitality Area. The hospitality area will be first floor in the hallway along the north side of the school just east of the pool area. Signs will be posted. A mandatory coaches meeting will be held at 8:15 AM in the Hospitality Area.

**Officials:** Officials must be YMCA certified. Volunteer names should be submitted to the host team. The official's uniform must be all white. There will be an official's meeting at 8 AM in the Hospitality area. A timer's meeting will follow at 8:15 AM on deck near the announcer's table.

**Positive Check-In:** This will be a positive check-in meet. Swimmers must check in at the clerk of course 45 minutes prior to the start of each session or the swimmer will be scratched from the meet. Check-in will be located in the hallway between the pool area and the team area (aux gym).

**Bullpen:** A bullpen will be provided for 12&U swimmers. Heat sheets will be posted at both ends of the pool and in the team area.

**Entries:** Entries are due to the entry chairperson by Wednesday, February 13<sup>th</sup>. Entries must be submitted on the enclosed entry forms or in a zipped CommLink file by mail or email. A hard copy must accompany all disks and must arrive within 48 hours for email entries. Unreadable forms will be rejected. First name, middle initial, last name and age as of 12/1/07 must appear on all entry sheets, including relays. An authorized representative of the team must sign the enclosed waiver form. Only entries with proper paperwork and fees paid in full by check or money order will be accepted. Entries may be reviewed online at <http://www.jetsyswimteam.org/>. Please contact the entry chairperson with any concerns.

**Entry Limits:** Swimmers may enter a maximum of 4 events, no more than 3 may be individual events.

**Entry fees:** \$3.50 per individual events; \$14.00 per relay team. Make checks payable to JCSA.

**Admission fees:** The cost of admissions will be \$5.00 for adults. Children ages 12-18 will be \$3.00. Coaches and officials with proper identification, as well as children aged 11 and under will be admitted free. The meet program will be \$5.00.

**Vendors & Concessions:** A wide variety of food and drink will be available at concessions which will be in the team area along with our vendors. Action Accent will be selling swim gear and paraphernalia. Bag Tag Heaven will be selling bag tags. A commemorative Championship T-shirt will be available for sale. Please take advantage of concessions, commemorative t-shirt sales and our vendors for all are a means of raising funds for the team.

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**Awards:** Championship medals will be awarded for the top twelve finishers in each individual event, both for the District and Junior District entries. Only the District swimmers will be scored for overall team trophies for first, second and third place. Each team is limited to the top four scoring swimmers per event. Additionally, if a swimmer competes in a Jr. District Category, he/she will be awarded as a Jr. District swimmer even if he/she achieves a District time. The swimmer will then be awarded the top Jr. District medal if he/she has the fastest time. A District swimmer who does not achieve a District time will not be awarded a Jr. District medal, but may receive a District medal if by chance there are only twelve total swimmers in the event. The 13-14 and 15-21 age groups will be seeded and swam as combined events in the Town & Country Championships, but will be awarded and scored separately per their age group.

**Scoring:** The meet will follow NCAA rules to earn points as follows:

|                    |   |
|--------------------|---|
| Individual Events: | 16 – 13 – 12 – 11 – 10 – 9 – 7 – 5 – 4 – 3 – 2 – 1    |
| Relay Events:      | 32 – 26 – 24 – 22 – 20 – 18 – 14 – 10 – 8 – 6 – 4 – 2 |

**Results:** One copy of the meet results will be mailed to the mailing address given on the entry release form. Additional copies may be purchased for \$10.00. Teams may pick up their disk at the conclusion of the meet if a disk is provided to the computer room at the beginning of the day. Results and CommLink files will be posted online at <http://jetsyswimteam.org/>.

**Timing:** Each team with six or more swimmers may be asked to assist with timing throughout the meet.

**Time Trials:** Open Time trials will be offered immediately following the Boy's meet. All YMCA National Individual and Relay events will be offered. Only one try per event will be allowed. Swimmers may swim a maximum of three events. Entries will be \$7.00 for individual events and \$20.00 for relays. Swimmers must provide timers and counters if needed. Heats may be combined into boys and girls, dependent upon the number of swimmers entered. The warm-up/cool-down pool will be available for warm-ups.

**Supervision:** Each team is responsible for the behavior of its swimmers, parents, and coaches in all areas of the Facility. Lack of supervision may result in the team or individual being barred from further competition at the District or Area Championship meets. The following rules must be strictly observed:

- **Flash photography is prohibited on the pool deck and spectator area at all times!**
- **No Smoking is allowed within the Facility.**
- **Swim bags, coolers, blankets or sleeping bags will not be allowed on the pool deck or spectator area.**

**Oswego East High School has opened its facility to the Town & Country YMCA District championships, and we as a YMCA organization are grateful. We ask that everyone exhibit the YMCA's core values: Caring, Honesty, Respect, and Responsibility. The behavior of all participants is very important, not only for the image that we project but more importantly for the safety of everyone within the facility.**

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**Liability:** The Greater Joliet Area YMCA , the Joliet JETS YMCA Swim Team, the Joliet Community Swim Association (JCSA), the Town & Country District Swim Committee, the Illinois/Missouri Area YMCA Swim Committee, the YMCA of the USA, Oswego East High School, and the Oswego School District 308 assume no liability for any injuries, damages, lost or stolen items except that which is caused by the negligence or reckless behavior of the above parties.

**First Aid:** Emergency medical personnel will be available on deck during the meet. The Safety Director can be reached at the Announcer's table on deck.

**Deck Passes:** Coaches must be in current good standing with the Illinois/Missouri Area YMCA Swim Committee and have proof of required training and certification. Coach's certifications must be turned in to Joliet JETS' Coach Dave Hedden (815-726-3939 [dhedden@jolietyymca.org](mailto:dhedden@jolietyymca.org)) by February 16th to be issued deck passes. Each coach will be issued a non-transferable deck pass. This pass must be displayed at all times while on deck. No other adults will be allowed on the pool deck.

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**Schedule of Events:**

| Session I<br>Girls # | Event                  | Session II<br>Boys # |
|----------------------|------------------------|----------------------|
| 1                    | 11-12 200 Free         | 1                    |
| 2                    | 13-14 200 Free         | 2                    |
| 3                    | 15-21 200 Free         | 3                    |
| 4                    | 8&U 100 Medley Relay   | 4                    |
| 5                    | 9-10 200 Medley Relay  | 5                    |
| 6                    | 11-12 200 Medley Relay | 6                    |
| 7                    | 13-14 200 Medley Relay | 7                    |
| 8                    | 15-21 200 Medley Relay | 8                    |
| 9                    | 8&U 100 IM             | 9                    |
| 10                   | 9-10 100 IM            | 10                   |
| 11                   | 11-12 200 IM           | 11                   |
| 12                   | 13-14 200 IM           | 12                   |
| 13                   | 15-21 200 IM           | 13                   |
| 14                   | 8&U 25 Free            | 14                   |
| 15                   | 9-10 50 Free           | 15                   |
| 16                   | 11-12 50 Free          | 16                   |
| 17                   | 13-14 50 Free          | 17                   |
| 18                   | 15-21 50 Free          | 18                   |
| 19                   | 8&U 25 Fly             | 19                   |
| 20                   | 9-10 50 Fly            | 20                   |
| 21                   | 11-12 50 Fly           | 21                   |
| 22                   | 13-14 100 Fly          | 22                   |
| 23                   | 15-21 100 Fly          | 23                   |
| 24                   | 8&U 50 Free            | 24                   |
| 25                   | 9-10 100 Free          | 25                   |
| 26                   | 11-12 100 Free         | 26                   |
| 27                   | 13-14 100 Free         | 27                   |
| 28                   | 15-21 100 Free         | 28                   |
| 29                   | 13-14 500 Free         | 29                   |
| 30                   | 15-21 500 Free         | 30                   |
| 31                   | 8&U 25 Back            | 31                   |
| 32                   | 9-10 50 Back           | 32                   |
| 33                   | 11-12 50 Back          | 33                   |
| 34                   | 13-14 100 Back         | 34                   |
| 35                   | 15-21 100 Back         | 35                   |
| 36                   | 8&U 25 Breast          | 36                   |
| 37                   | 9-10 50 Breast         | 37                   |
| 38                   | 11-12 50 Breast        | 38                   |
| 39                   | 13-14 100 Breast       | 39                   |
| 40                   | 15-21 100 Breast       | 40                   |
| 41                   | 8&U 100 Free Relay     | 41                   |
| 42                   | 9-10 200 Free Relay    | 42                   |
| 43                   | 11-12 200 Free Relay   | 43                   |
| 44                   | 13-14 200 Free Relay   | 44                   |
| 45                   | 15-21 200 Free Relay   | 45                   |

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## Summary of Fees and Waiver of Liability

Complete the following form and mail to the Entry Chairperson with entries by Wednesday February 13<sup>th</sup>. Make checks payable to Aurora YMCA Sharks. Entries on Hy-Tek Disk (accompanied by hard copy, this form, and fees) are acceptable. Emailed entries are acceptable but must be followed by hard copy and fees within 48 hours.

**Karen Dundek**  
 21426 S. Covey Ct  
 New Lenox IL 60451  
 (815) 485-5751  
[dundek@comcast.net](mailto:dundek@comcast.net)

|  |                   |          |                 |
|--|-------------------|----------|-----------------|
| # of Individual Girl's Entries = _____ | x \$3.50 / entry  | =        | \$ _____        |
| # of Girl's Relay Entries = _____      | x \$14.00 / entry | =        | \$ _____        |
| # of Individual Boy's Entries = _____  | x \$3.50 / entry  | =        | \$ _____        |
| # of Boy's Relay Entries = _____       | x \$14.00 / entry | =        | \$ _____        |
| <b>Total Entry Fees</b>                |                   | <b>=</b> | <b>\$ _____</b> |

Name of YMCA Swim Team \_\_\_\_\_

Club Code for Heat Sheet \_\_\_\_\_

Name of Coach(es) Attending Meet \_\_\_\_\_

Mailing Address:\* \_\_\_\_\_

Head Coach's Work Phone \_\_\_\_\_

Head Coach's Home/Cell Phone \_\_\_\_\_

Head Coach's Email Address \_\_\_\_\_

Direct Entry Questions to \_\_\_\_\_

Phone # \_\_\_\_\_

In consideration of acceptance of this entry, I, intending to be legally bound, hereby consign, waive and release any and all rights and claims for damages which may occur against YMCA of the USA, Oswego East High School and the Oswego School District 308, the Greater Joliet Area YMCA, the Joliet JETS YMCA Swim Team, the Joliet Community Swim Association (JCSA) their representatives, Employees, Directors, Officers, Successors, for any and all injuries suffered by me or my Contestant or Representative in said Meet as a representative of my club.

Coach's Signature \_\_\_\_\_ Date \_\_\_\_\_

\* Indicate mailing address for final results if different than that shown

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**Officials & Timers Sign-up Form**

Please complete this officials and timers sign-up form and return it with your team's entry forms. Any team with 6 or more swimmers entered in either session must provide timers if called upon.

**Team Name & Code** (i.e., JETS, AURY, etc.) \_\_\_\_\_

**Head Official's Name and Phone #/Email**

\_\_\_\_\_

| Official's Name | Phone Number | Email | Session - AM,<br>PM or All Day |
|-----------------|--------------|-------|--------------------------------|
|                 |              |       |                                |
|                 |              |       |                                |
|                 |              |       |                                |
|                 |              |       |                                |
|                 |              |       |                                |

**Head Timer's Name and Phone #/ Email**

\_\_\_\_\_

***The Joliet JETS YMCA Swim Team wishes to thank you in advance for your assistance. Your support is greatly appreciated and will help ensure no delays due to insufficient timers or officials!***

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**Map & Directions:** The pool is located at Oswego East High School

