

Joliet Y Jets Winter Classic

January 2-4, 2015

Hosted by Joliet Y Jets Swim Team / Joliet Community Swim Association (JCSA)

Sanctioned by USA Swimming / Illinois Swimming #ILS15-0102



MEET DIRECTOR

Dan Vogen
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MEET ENTRY CHAIR

Chris Evans
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HEAD COACH

Dave Hedden
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HEAD REFEREE

Glenn Gabriel
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OFFICIALS COORDINATOR

Cheri Rubocki
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SAFETY COORDINATOR

Jennifer Evans
evanscrew@comcast.net

LOCATION

UIC Natatorium- The Flames Athletic Center

University of Illinois - Chicago
901 W. Roosevelt Rd.
Chicago, IL 60608

FACILITY

The UIC pool is a **50-meter, eight-lane pool**. Short course competition occurs in the **25 yd, 8 lane cross length** with Kiefer Advantage II Wave Eater non-turbulent lane lines in **16 feet of water depth**. Starting blocks are located at the west end. A warm-up/cool-down pool is available for use under coaches' supervision. A Daktronics automatic timing system with touch pads, pushbuttons and an eight-lane display board will be used. Seating capacity is 550. No smoking is allowed on UIC grounds. Parking is available directly across Roosevelt Road from the main entrance of the building for approximately \$10.00 per day. **The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.**

MEET FORMAT

This is a Timed Finals meet with positive check-in for all events. A two-session warm-up will not begin before the listed time, but may begin later. Positive check-in will close 30 minutes prior to the start of the Friday session and 45 minutes prior to the start of all other sessions. The warm up schedule and start times may be re-adjusted after the entry process. All teams will be notified of any changes in advance of the meet.

SESSION	DAY	AGE GROUP	WARM-UP TIME	MEET START TIME
1	Friday	12 & Under, Open	5:00 – 5:50 PM	6:00 PM
2	Saturday	11-12 Boys, 10 & Under	7:00 – 7:50 AM	8:00 AM
3	Saturday	11-12 Girls, Open	12:10 – 1:00 PM	1:10 PM
4	Sunday	11-12 Boys, 10 & Under	7:00 – 7:50 AM	8:00 AM
5	Sunday	11-12 Girls, Open	12:10 – 1:00 PM	1:10 PM

NOTE: 11-12 Boys and 11-12 Girls are in separate sessions!

MEET RULES

A sanction is granted to the JCSA for a Timed Finals meet. All USA Swimming and Illinois Swimming rules and regulations will apply. USA Swimming and Illinois Swimming Safety Rules will be strictly enforced. **Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.** The 4-hour time limit per session for 12 & Under athletes will be adhered to. The 10-hour per day time limit will also be enforced and entries will be closed when the time limit for each session occurs. The following rules must be strictly observed:

- **Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.**
- **Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.**
- Flash photography is prohibited in the pool area when athletes are on the starting blocks.
- Smoking is not permitted within the facility or on the school grounds.
- Visitors shall observe a "no hat" policy while indoors.
- Running on deck and horseplay is a safety concern and will not be tolerated.

ELIGIBILITY

The athlete's age as of January 2, 2015 will determine his/her age for the entire meet. All currently registered athlete members of USA Swimming are eligible. Athletes must be registered prior to the entry deadline. Entries listed as "Registration Applied For" will not be accepted. Registration forms can be obtained from Illinois Swimming Office, 1400 E. Touhy Avenue, Suite 245, Des Plaines, IL 60018; Phone 847-824-1596; Fax 847-824-1726.

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- ENTRIES** **Entries will be accepted by the Meet Entry Chair beginning Friday, November 28, 2014 at 8:00 AM.**
- Entries will be accepted in the order that they are received. Entries received after the meet reaches the Illinois Swimming time limits will be returned immediately.
- E-mail is the preferred method of entry submission. Electronic entries must be submitted in a format compatible with Hy-Tek Meet Manager. You may also use US Post Office, FedEx or any other overnight courier service. Express mailed entries should be delivered with no signature required. Hand delivered, phoned, or faxed entries will not be accepted.
- A completed and signed Entry Summary Sheet (provided in this packet), a hard copy of entries and payment in full must be received by the Meet Entry Chair within 72 hours of receipt of your e-mailed entry.** An authorized representative of the team must sign the enclosed waiver form. An entry is not complete until all necessary paperwork and fees are received. If you desire verification of entries received, include an e-mail address or a self-addressed stamped postcard with your entries.
- Final deadline to submit entries or update times is Thursday, December 25, 2014. Deck entries may be allowed at the discretion of the Meet Referee if there are open lanes available.** Entries may be reviewed online at www.jetsyswimteam.org. Please contact the entry chairperson with any concerns.
- ENTRY LIMITS** Swimmers may enter a maximum of 4 individual events and 1 relay each day. Relay swimmers must swim in at least one individual event.
- ENTRY FEES** \$4 per individual events and \$12 per relay event. There will be a \$2 Illinois Swimming surcharge per athlete. There will be a \$7 facility / admissions charge. **Please note that with this facilities / admission charge, there will be NO spectator admission fees.** Make checks payable to JCSA.
- LONG EVENTS & RELAYS** Due to the Illinois Swimming 10-hour and 4-hour limitation rules, it may be necessary to limit entries for relays and/or any distance events of 200 yards and greater. Teams will be notified as soon as possible if limitations are necessary and a refund of entry fees for these events will be given if this occurs. If limitations are imposed, entries will be accepted according to the fastest seed times with first priority given to host team swimmers. Proof of time may be called for prior to the final seed of the events. The 1650 freestyle event will be seeded from fastest to slowest, alternating girls and boys. Swimmers must provide timers and counters for the 500 and 1650 freestyle events.
- POSITIVE CHECK-IN** **This will be a positive check-in meet.** Athletes must check in 30 minutes prior to the start of the Friday session and 45 minutes prior to all other sessions or they will be scratched from that day's events. If a team representative or parent checks in a swimmer, that person must sign and print their name on the check-in sheets. A second check-in will be required for the 1650 yard freestyle event. All unattached swimmers without a coach must check-in with the meet referee prior to warm-ups.
- BULLPEN** **A bullpen will only be provided for 10 & Under swimmers.** There is no bullpen on Friday. Heat sheets will be posted at both ends of the pool. Events and heats will also be announced.
- SPECIAL NEEDS** In accordance with USA Swimming Rules, Articles 105 and 202.2.13, the Meet Referee has the authority to accommodate athletes with disabilities. It is the responsibility of the coaches or athletes to contact the Meet Referee prior to competition with specific requests.
- USA SWIMMING MEMBERSHIP** Insurance regulations require that all coaches, swimmers, judges, starters, and referees be current members of USA Swimming. It is each club's responsibility to register their athletes, coaches, and officials. Anyone not currently a member of USA Swimming may not participate in the meet or be on deck. Coaches must display current USA Coach Member registration cards while on deck.
- OFFICIALS & TIMERS** There will be a need for officials. Anyone willing to work should contact the Officials Coordinator. Each team with 8 or more swimmers may be asked to provide timers. Your cooperation will be greatly appreciated. Your help will ensure a great meet for the swimmers.
- ADMISSIONS** ***** There will be NO individual spectator admission fees given the one-time, per swimmer facilities / admission fee. Please bring all your family and friends and cheer on your swimmers! *****
- CONCESSIONS** A wide variety of food and drink will be available at concessions. Vendors will be selling swim gear, paraphernalia and bag tags on Saturday and Sunday.
- FIRST AID** The Safety Director and first aid kit can be found at the announcer's table.

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AWARDS

Ribbons will be given for individual events, 1st through 16th place. Relays will be awarded 1st through 3rd. 8 & Under swimmers will be awarded separately. There will be no awards for the 13 & Over age group. A representative from each team must pick up their awards at the completion of the meet. The host team will not be responsible for mailing awards.

RESULTS

Full publication results in PDF format along with Meet Manager backup file and Team Manager results file will be posted on the JETS website at www.jetsyswimteam.org and e-mailed to each team. Other formats, including hard copy of results, may be available upon request.

ORDER OF EVENTS

Session 1 – Friday Afternoon

12 & Unders, Open

Women	Event	Men
101	Open 400 IM	102
103	12&U 200 IM	104
105	Open 500 Free	106

Session 2 – Saturday Morning

11-12 Boys, 10 & Unders

Women	Event	Men
201	8&U 25 Free	202
203	10&U 100 Free	204
*	11-12 100 Free	206
207	10&U 50 Fly	208
*	11-12 50 Fly	210
211	8&U 25 Breast	212
213	10&U 100 Breast	214
*	11-12 100 Breast	216
217	10&U 50 Back	218
*	11-12 50 Back	220
221	10&U 100 IM	222
*	11-12 100 IM	224
225	8&U 100 Free Relay	226
227	10&U 200 Free Relay	228
*	12&U 200 Free Relay	230

Session 3 – Saturday Afternoon

11-12 Girls, Open

Women	Event	Men
301	11-12 100 Free	*
303	Open 100 Free	304
305	11-12 50 Fly	*
307	Open 200 Fly	308
309	11-12 100 Breast	*
311	Open 100 Breast	312
313	11-12 50 Back	*
315	Open 200 Back	316
317	11-12 100 IM	*
319	Open 200 Free Relay	320
321	12&U 200 Free Relay	*
323	Open 200 IM	324

Session 4 – Sunday Morning

11-12 Boys, 10 & Unders

Women	Event	Men
401	10&U 50 Free	402
*	11-12 50 Free	404
405	8&U 25 Fly	406
407	10&U 100 Fly	408
*	11-12 100 Fly	410
411	10&U 50 Breast	412
*	11-12 50 Breast	414
415	8&U 25 Back	416
417	10&U 100 Back	418
*	11-12 100 Back	420
421	10&U 200 Free	422
*	11-12 200 Free	424
425	8&U 100 Med Relay	426
427	10&U 200 Med Relay	428
*	12&U 200 Med Relay	430

Session 5 – Sunday Afternoon

11-12 Girls, Open

Women	Event	Men
501	11-12 50 Free	*
503	Open 50 Free	504
505	11-12 100 Fly	*
507	Open 100 Fly	508
509	11-12 100 Back	*
511	Open 100 Back	512
513	11-12 50 Breast	*
515	Open 200 Breast	516
517	11-12 200 Free	*
519	Open 200 Free	520
521	12&U 200 Med Relay	*
523	Open 200 Med Relay	524
525	Open 1650 Free	526

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CONTROLLED MEET WARM-UP & SAFETY GUIDELINES

General Warm-Up (first 30 minutes)

1. No diving allowed from the blocks or edge of the pool. Swimmers must enter the pool feet first, while maintaining contact with the deck with the body and a hand from the start end of the pool.
2. No sprinting or pace work allowed during this general warm-up session. All lanes are to be used for general warm-ups.
3. Entry into pool from starting end of pool only, unless noted otherwise by the meet director and meet referee.
4. Warm-up lanes may be shared by teams and general warm-up may be truncated to allow all athletes sufficient time to warm up.
5. Efforts will be made to limit lanes to no more than 30 athletes per lane during warm-ups.

Specific Warm-Up (last 20 minutes)

1. **Push/Pace lanes** (1 & 8) - push off one or two lengths from the starting end. Circle swimming only. **No Diving.**
2. **Diving lanes** (2 & 7) - Sprint lanes for diving from blocks or for backstroke starts in specified lanes at designated times. One length, one way swimming only.
3. **General warm-up lanes** (3, 4, 5 & 6) - **No diving.** Circle Swimming only.
4. At approximately half way through diving and push/pace, additional lanes may be opened at the request of the coach.

Coaches Responsibilities

1. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
2. Coaches shall be on the deck during warm-ups and shall actively supervise their swimmers throughout the entire warm-up session. Coaches meetings will not be conducted during the warm-ups.

Host Team Responsibilities

1. Marshaling: A minimum of two marshals, who report to and receive instructions from the Meet Referee, shall be on deck during the entire warm-up session.
2. Marshals shall be current members of USA Swimming.
3. Marshals shall have the authority to remove from the deck for the remainder of the warm-up session any swimmer or coach who is in violation of safety guidelines or warm-up procedures.
4. The host team shall provide signs for each lane at both ends of the pool, which indicates the designated use during specific warm-up.
5. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the information: "Illinois Swimming, Inc. Safety Guidelines and Warm-up Procedures will be in affect at this meet."
6. An announcer shall be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up session.
7. Hazards in the locker room, on the pool deck area, or in areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.

Miscellaneous

1. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks.
2. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
3. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
4. Swimmers are required to exit the pool upon the completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
5. Warm-up procedures shall be enforced for any breaks scheduled during the meet.
6. The Referee may restrict use of bands, hand paddles, or fins during warm-up. The Referee shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.

NOTE: Host clubs may, with the consent of the Meet Director and Meet Referee, modify the warm-up time schedule or recommended lane assignments depending on pool configuration, number of swimmers or other consideration, so long as safety considerations are not compromised. Any such changes shall be announced, and/or posted prominently in the pool area.

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SUMMARY OF FEES

Please complete and sign the following forms and mail along with payment in full within 72 hours of receipt of your e-mailed entries. **Make your check payable to JCSA.**

Send entry forms and checks to:

Chris Evans
14634 Victoria Crossing
Lockport, IL 60441
708-645-7364
entries@jolietyymca.org

Number of Athletes = _____	x \$9.00	=	\$ _____
Number of Individual Entries = _____	x \$4.00	=	\$ _____
Number of Relay Entries = _____	x \$12.00	=	\$ _____
Total Entry Fees =			\$ _____

Name of Club _____ Club Code _____

Mailing Address _____

Coach's Cell Phone _____ E-mail _____

Name of Coach(es) Attending Meet _____

In consideration of acceptance of this entry, I, intending to be legally bound, hereby consign, waive and release any and all rights and claims for damages which may occur against the USA Swimming, Inc, Illinois Swimming, Inc, UIC, Joliet Community Swim Association, Inc, the Greater Joliet Area YMCA, the Joliet Jets YMCA Swim Team, their representatives, employees, directors, officers, and successors, for any and all injuries suffered by me or my contestant or representative in said Meet as a representative of my club. I attest that all athletes included in this entry and participating in this sanctioned event are duly registered as current athlete members of USA swimming.

Coach's Name (printed) _____ Signature _____ Date _____

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The Joliet Community Swim Association and the Joliet YMCA Jets Swim Team would appreciate your assistance in helping to provide officials and possibly timers for this meet. Please list a team contact person for officials, or the names of your officials, so that we may follow up with them. Please provide a timer contact for your team as well. Thank you in advance for your support.

Name of Club _____

Timers Contact

Name _____

Phone _____ **Email** _____

Officials Contact

Name _____

Phone _____ **Email** _____

Officials List (Referees, Starters or Judges)

Name _____ **Level** _____ **Session** _____

Phone _____ **Email** _____

Name _____ **Level** _____ **Session** _____

Phone _____ **Email** _____

Name _____ **Level** _____ **Session** _____

Phone _____ **Email** _____

Name _____ **Level** _____ **Session** _____

Phone _____ **Email** _____