

2009 Illinois / Missouri Area YMCA Swimming Championships

Hosted by the Joliet YMCA JETS Swim Team

March 6 – 8, 2009



YMCA

We build strong kids,
strong families, strong communities.

Meet Information Packet

2009 Illinois / Missouri Area YMCA Swimming Championships
Hosted by the Joliet YMCA JETS Swim Team
March 6-8, 2009

YMCA Sanction # CAQ 08-09 5095

ISI Approval # ILS0260-09A

Attached is the Illinois / Missouri Area Championship Meet Packet. Please note the following pertinent information regarding your entries:

- 1) We will be hosting a National Qualifying Meet on Friday night, prior to the Area meet on Saturday and Sunday. There are two event and fee summary sheets in this packet: One is for the National Qualifying Meet on Friday night, and one is for the Girls and Boys Championships on Saturday and Sunday.
- 2) **PLEASE NOTE: This year all District meets are being held on the weekend prior to the Area meet, therefore, both the National Qualifying Meet and the Girls/Boys Championships will have the same deadline for hardcopy entries and money – Tuesday, March 3, 2009.**
- 3) **Due to the short time period between the district meet and the area meet, all teams who host a district meet are required to email a copy of meet manager backup results to the Meet Entry Chairperson, Barb Sweet at entries@jolietymca.org at the conclusion of their meet, but no later than 9 am Monday, March 2, 2009. Meet hosts also need to send a hard copy to Barb Sweet by Tuesday, March 3, 2009.**
- 4) **In addition, we are requiring that the individual team entries be faxed to the Joliet YMCA at 815-726-3968 no later than noon on Monday, March 2, 2009.**
- 5) Teams will be assessed a \$50 penalty if their entries are received after the deadline. If a team has unpaid fees or an unpaid penalty as of 8:00 a.m. on Saturday, March 7, 2009, all of that team's swimmers will be permanently scratched from both days of the Area Meet, and will not be deemed to have participated in the Area Meet.
- 6) Provide accurate, legible contact information with your entries for the Area Meet. We may need to contact you with questions regarding entries.
- 7) Delivery by US Mail by a specific date is not guaranteed. Entries received by US Mail after the entry deadline will be assessed the \$50 penalty. Entries are required to be sent via FedEx or another private mailing service that guarantees delivery by a certain date.
- 8) Entries via fax or e-mail will not be accepted except where indicated.
- 9) Ensure that Club codes are the same as those listed in the "*Rules Governing Illinois / Missouri Area YMCA Swimming Competition*" document and are consistent between the District meets and the Area meet.
- 10) Scratches – Qualified swimmers that will not be swimming at the Area Championships must have their name highlighted on the hard copy of the entry form and initialed by the head coach.
- 11) Timers –All teams with eight or more swimmers on a given day will be required to supply timers. **Team timing assignments will be available at <http://jetsyswimteam.org/yarea2009/index.html> on Thursday, March 5, 2009.**
- 12) There will be a mandatory coaches' informational and scratch meeting in room 4 at the Kishwaukee YMCA at 8:00 PM on Friday night. Team packets and coaches'

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credential cards will be available at this time. **There will be no other coaches' meetings.**

- 13) For teams and/or swimmers wanting times from the Area Meet entered into the USA Swimming's SWIMS Database, you must fill out and return the form on page 13 of this packet with your entries. Teams not returning this form will not have swimmers entered into the SWIMS Database.

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<u>MEET DIRECTOR</u>	<u>ENTRY CHAIRPERSON</u>	<u>MEET REFEREES</u>
George A. Galounis	Barb Sweet	SAT - Ron Marion
815-726-5723 (Home)	815-467-1939 (Home)	Assist Francois LaSalle
815-922-2748 (Cell)	815-325-1312 (Cell)	
gagalounis@comcast.net	entries@jolietYMCA.org	SUN - Larry St. Germaine
	24623 Matthew Court	Assist Dale Andersen
	Channahon, IL 60410	

Location Kishwaukee YMCA, 2500 Bethany Road, DeKalb, IL 60115

Meet Schedule

Friday, March 6 - National Qualifying Meet

5:00 PM	Warm-ups
6:00 PM	Meet Begins
? – 9:00 PM	The competition pool will be open for warm-ups at the conclusion of the Qualifying Meet until 9:00 PM
8:00 PM	Mandatory coaches's meeting room 4 at the Kishwaukee YMCA
8:30 PM	Illinois / Missouri Area YMCA Swim Committee meeting immediately following Coaches meeting in room 4 at the Kishwaukee YMCA

Saturday, March 7: Girls Championships

Sunday, March 8: Boys Championships

The meet schedule is the same for both days:

6:20 AM	Building Opens
6:40 - 8:40 AM	Warm-ups (The warm-up schedule will be available at http://jetsyswimteam.org/yarea2009/index.html on Thursday, March 5, 2009)
7:45 AM	Officials Meeting in Room 4
8:15 AM	Relay Sheets are due in the computer room on pool deck
8:30 AM	Timers Meeting in Room A on pool deck
8:40 AM	First call for event # 1
8:50 AM	Last call for event # 1
8:55 AM	Opening Ceremonies (Welcome, Prayer and Anthem)
9:00 AM	Preliminary Session Begins
?	Finals will begin 1 ½ hours after the completion of the preliminary session.

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Facility The Kishwaukee YMCA has an 8-lane 25-yard competition pool with starting blocks in 7 feet of water at both ends. There is an additional 6 lane, 25-yard pool available for warm-up and warm-down during the meet. The facility uses non-turbulent lane lines with a fully automatic Colorado timing system. The meet will be run using Hy-Tek's Meet Manager. The seating capacity is for 700 spectators. A map is attached.

Swim-offs Any necessary swim-offs will be held no later than after the completion of the preliminary session and in any case after all swimmers affected have had at least 30 minutes to rest.

Time Trials "Open" time trials will be held both Saturday and Sunday following each day's final session. Both sexes will be swum on both days. All events offered at the Area and National championship Meets will be offered both days with the exception of the 1000 and 1650-yard Freestyle events. These two events will only be offered Saturday night and at the National Qualifying Meet on Friday night. The cost will be \$8.00 per individual event and \$32.00 per relay event. Only one try per event per day is allowed. Swimmers must provide timers and counters, if needed. Girls and boys heats may be combined.

Entries All swimmers qualifying for the 2009 Area Championships will automatically be entered from the meet backups that have been submitted by the hosts of the District Championships. Individual teams are also required to submit a hard copy of their entries. A Team Manager meet entry printout sorted by athlete is acceptable and preferred. **Do not submit this report on disk, a printed hard copy of a Team Manager report only.** Teams are required to pay for all swimmers qualifying for the Area Championships unless a swimmer/entry is deleted in writing prior to the deadline set for the individual districts. **Qualified swimmers that will not be swimming at the Area Championships must have their name highlighted on the hard copy of the entry form and initialed by the head coach.** Teams will be assessed a \$50 penalty if their entry packet is received after the deadline set by the host team. If any entry fees and/or penalty due from a team are not paid to the host at or before 8:00 AM on the first day (Saturday) of the Area Championships, then all swimmers from such team shall be automatically scratched from the Area Meet. A copy of the meet entries will be made available on the web at <http://jetsyswimteam.org/yarea2009/index.html> by Thursday, March 5. It is each team's responsibility to check the accuracy of its entries as posted. A signed Summary Fee/Release Form provided in this packet must accompany all entries. Entry fees should be paid by the conclusion of the coaches' meeting on Friday. Checks are to be made payable to "JCSA". Please note, there are separate forms for the Friday National Qualifying Meet and the Saturday/Sunday Area Meet.

Entries Entries need to be sent using services other than US Mail to: Barb Sweet, 24623 Matthew Court, Channahon, IL 60410. **Delivery by US Mail by a specific date is not guaranteed. Entries received after the entry deadline, will be assessed a \$50 penalty. FedEx or other private mailing service is required.**

Entry Deadline Since all District meets will be held the weekend prior to the Area Meet, all Entries for Districts are due by Tuesday, March 3, 2009. However, meet backups are due by 9 am, Monday, March 2, 2009 and individual team entries must be faxed by noon Monday, March 2, 2009.

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Entry Fees Individual events: \$3.00 per event
Relay events: \$12.00 per relay
Swimmer Surcharge: \$3.50 per swimmer

Bullpen

Prelims - There will be a bullpen for **all age groups** during the preliminary sessions. Swimmers must report to the bullpen, which will be located in the team area. ONLY swimmers are allowed in the bullpen area.

Finals - A bullpen will be provided for the 8 and under swimmers ONLY during finals.

First Aid Emergency medical personnel will be available on deck during the meet. The Kishwaukee Hospital (815 - 756 - 1521) is located just around the corner from the YMCA on Route 23. The Hospital offers emergency care. Kishwaukee Hospital's address is One Kish Hospital Drive, DeKalb, IL 60115.

Emergency Phone An emergency phone is located on the pool deck, under the scoreboard.

Admissions

\$5.00 daily per person (non-swimmer) over 12 years old for both preliminaries and finals
\$2.00 daily per person (non-swimmer) over 12 years old for finals only
Coaches (with proper identification) and non-swimming children under 12 will be admitted free.

Heat Sheets \$6.00 daily for preliminary and final sessions
\$2.00 daily for final sessions only

Concessions A concession area will be available throughout the meet.

Souvenirs A commemorative meet T-shirt will be on sale. Action Accents will be available Saturday and Sunday to sell swimmers' supplies, swimwear, and other novelty or souvenir items. Also, Bag-Tag Heaven will be selling a variety of bag tags.

Photos At the recommendation of the Area Committee, the host team has elected not to offer a professional photographer. A podium will be positioned outside the pool area for families to take pictures of their swimmers. We are asking parents to instruct their swimmers to exit the pool at the conclusion of the final's heat after awards have been presented and step onto the podium for pictures. Please note: **The use of flash cameras in the pool is strictly prohibited**, as this will interfere with the strobe light used for starting races.

Rules This meet will be conducted according to the National YMCA "*Rules that Govern YMCA Competitive Sports*," the USA Swimming Technical Rules (blue pages) and the "*Rules Governing Illinois / Missouri Area YMCA Swimming Competition*" which can be found on the Area website: <http://www.ilswimy.org/> and selecting Area By-laws/Rules. This meet will also be an Illinois Swimming Inc. approved meet.

Rules of Conduct Parental supervision of the swimmers in the locker rooms, the staging area, and the concessions area is a requirement for participation in the Area Championships. Lack of such supervision may result in disqualification of the team involved.

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For the safety and enjoyment of swimmers and spectators, the following rules must be adhered to. Marshals will be clearly designated to assure that safety is maintained.

1. There will be no food, beverages, swim bags, coolers, blankets, coats or sleeping bags allowed in the pool area.
2. Flash photography will not be allowed in the pool area. Persons taking flash pictures will be warned only once. Subsequent violations will result in expulsion from the meet.
3. Use of tobacco products is not allowed in the YMCA. Outside of the YMCA, tobacco users are asked to use the designated smoking areas only.
4. No shaving will be allowed at the YMCA. Shaving on the premises will result in automatic disqualification from the entire meet.
5. Following completion of the morning warm-ups, the non-competition pool can be used for warm-up and cool-down only.

Parking Parking is available in the YMCA parking lot, along one side of Health Services Drive and in adjacent business parking lots. Please pay special attention to which parking lots are available for parking and which are not. Parking in areas not designated as swim meet parking could result in towing fees. The Kishwaukee YMCA and the Joliet JETS YMCA Swim Team are not responsible for towing fees incurred while parked in non-designated swim meet parking.

Team Banners A wire cable is located behind the bleacher seating for teams to attach their team banner. Please do not tape banners, posters or other items to the walls.

Lockers Lockers are available to store items. Swimmers should bring their own locks. The Kishwaukee YMCA and Joliet JETS YMCA Swim Team are not responsible for any lost or stolen items.

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Accommodations The hotels listed below are holding room blocks for the meet. Call to secure your room as soon as possible. Please mention the referral came from Debbie at the DeKalb Convention & Visitors Bureau.

Value Inn & America's Best Suites

1860 DeKalb Ave.
Sycamore, IL 60178
Phone: 815 – 899 – 6500
Contact: Ashley or Lynnae

Comfort Inn

1475 S. Peace Road
Sycamore, IL 60178
Phone: 815 – 895 – 4979
Contact: Gopal Modi

Country Inn & Suites

1450 S. Peace Road
Sycamore, IL 60178
Phone: 815 – 895 – 8686
Contact: Maria or Deb

Holiday Inn Express

1935 DeKalb Ave
Sycamore, IL 60178
Phone: 815 – 748 – 7400
Contact: Ash

Stratford Inn

355 W. State Street
Sycamore, IL 60178
Phone: 815 – 895 – 6789
Contact: Debbie or Courtney

Best Western

1212 W. Lincoln Hwy.
DeKalb, IL 60115
Phone: 815 – 758 – 8661
Contact: Vicky Torres

NIU Holmes Student Center

340 N. Carroll Ave.
DeKalb, IL 60115
815 – 753-1744

Magnuson Inn & Suites

1314 W. Lincoln Hwy.
DeKalb, IL 60115
Phone: 815 – 758 - 4800

Other hotels that may have rooms available:

Best Western Inn

2096 Bricher Road
St. Charles, IL 60174
Phone: 630 – 584 – 4550
Contact: Kim

Holiday Inn Express

1600 E. Main Street
St. Charles, IL 60174
Phone: 630 – 584 - 5300
Contact: Bob Langelund

Fairfield Inn & Suites

2096 Bricher Road
St. Charles, IL 60174
Phone: 630 – 845 – 5500
Contact: Sales Manager

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Coaches' Certifications/Credential Card Only coaches whose names and certifications were forwarded to Dave Hedden (Joliet YMCA) from each District's Staff Designate, and who have received an Area Credential card from Dave Hedden will be allowed on deck. **NO credential cards will be issued at the meet.** Each coach with a current Area Credential card will be issued a wristband at the mandatory coaches meeting on Friday evening. Each team will be given 1 - 4 deck passes based on the number of swimmers each team has entered in the meet. Coaches must have both the deck pass and wristband to be allowed on deck. All coaches should have their current credential card on hand during the meet.

Coach's certification requirements are as follows:

- 1) Current certification in Red Cross CPR Professional Rescuer
- 2) Current certification in Red Cross First Aid
- 3) American Red Cross Coaches Safety Training and/or American Red Cross or YMCA Life guarding Certification
- 4) YMCA Principles of Competitive Swimming & Diving

For more information about coaches' certifications, contact:

Dave Hedden
Smith Family YMCA
1350 S. Briggs Street
Joliet, IL 60433
E-mail: dhedden@jolietyymca.org
Office: 815 - 726 - 3939 x 412

Teams will be limited to the following number of coach deck passes according to the number of swimmers they have in attendance for the entire meet:

- 1 - 5 swimmers 1 coach deck pass
- 6 - 10 swimmers 2 coach deck passes
- 11 - 20 swimmers 3 coach deck passes
- 21 or more swimmers 4 coach deck passes

Officials The Officials Coordinators are Tom Alef (NW) and Ron Marion (SL). Only those YMCA officials invited by the YMCA Area Committee will be allowed on deck. The official's uniform will be all white (shirts with collar and sleeves and no logo or patch other than YMCA; long shorts or pants for prelims; pants, appropriate shoes and tie for finals.)

Timers Teams with 8 or more swimmers participating on a given day will be required to supply timers. **Teams should check <http://jetsyswimteam.org/yarea2009/index.html> on Thursday, March 5th for specific assignments.**

Awards Championship medals will be awarded for first through eighth place following each event during finals. Awards will be given will be taken for the 500-yard Freestyle timed final events at the beginning of finals. Consolation awards for ninth through sixteenth places will be available to team coaches, or their designated representatives, after completion of the meet. All awards must be picked up at the end of the meet. The host team will not be mailing any awards.

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Scoring

Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relay events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Directions From the South, East or West

Exit I-88 at the Peace Road Exit or via Rt. 38 westbound; take Peace Road North to Bethany Road (west or left). The YMCA is located about a mile and a half down on your left. The address of the YMCA is 2500 Bethany Road. The phone number of the YMCA is (815) 756 - 9577.

From the North

Take 23 South to Bethany Road (west or right). The YMCA is located on your left. The address of the YMCA is 2500 Bethany Road. The phone number of the YMCA is (815) 756 - 9577.

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2009 Illinois / Missouri Area Qualifying Times		Girls Area Qualifying Time	Boys Area Qualifying Time
Event#	Event Description		
1	11 - 12 200 yd Freestyle	2:18.89	2:21.59
2	13 - 14 200 yd Freestyle	2:11.69	2:07.69
3	15 - 18 200 yd Freestyle	2:07.29	1:56.19
4	8 & Under 100 yd Medley Relay	1:30.19	1:38.29
5	9 - 10 200 yd Medley Relay	2:36.69	2:47.29
6	11 - 12 200 yd Medley Relay	2:16.59	2:26.09
7	13 - 14 200 yd Medley Relay	2:14.19	2:13.39
8	15 - 18 200 yd Medley Relay	2:10.99	1:57.89
9	8 & Under 100 yd IM	1:36.59	1:41.89
10	9 - 10 100 yd IM	1:20.99	1:24.19
11	11 - 12 200 yd IM	2:37.49	2:43.09
12	13 - 14 200 yd IM	2:29.49	2:25.99
13	15 - 18 200 yd IM	2:25.29	2:13.59
14	8 & Under 25 yd Freestyle	:16.59	:16.89
15	9 - 10 50 yd Freestyle	:31.69	:32.19
16	11 - 12 50 yd Freestyle	:28.49	:28.59
17	13 - 14 50 yd Freestyle	:27.19	:25.79
18	15 - 18 50 yd Freestyle	:26.49	:23.59
19	8 & Under 25 Butterfly	:18.69	:19.89
20	9 - 10 50 yd Butterfly	:36.29	:37.59
21	11 - 12 50 yd Butterfly	:31.59	:32.29
22	13 - 14 100 yd Butterfly	1:09.09	1:06.39
23	15 - 18 100 yd Butterfly	1:05.19	:59.19
24	8 & Under 50 yd Freestyle	:37.49	:37.79
25	9 - 10 100 yd Freestyle	1:10.89	1:12.49
26	11 - 12 100 yd Freestyle	1:03.19	1:03.59
27	13 - 14 100 yd Freestyle	1:00.19	:57.29
28	15 - 18 100 yd Freestyle	:58.19	:51.79
29	13 - 14 500 yd Freestyle	5:55.69	5:53.19
30	15 - 18 500 yd Freestyle	5:43.19	5:21.99
31	8 & Under 25 yd Backstroke	:20.49	:20.89
32	9 - 10 50 yd Backstroke	:37.29	:38.19
33	11 - 12 50 yd Backstroke	:33.39	:34.19
34	13 - 14 100 yd Backstroke	1:09.39	1:06.69
35	15 - 18 100 yd Backstroke	1:06.69	1:00.79
36	8 & Under 25 yd Breaststroke	:22.89	:23.59
37	9 - 10 50 yd Breaststroke	:41.99	:43.69
38	11 - 12 50 yd Breaststroke	:36.99	:38.29
39	13 - 14 100 yd Breaststroke	1:17.69	1:14.69
40	15 - 18 100 yd Breaststroke	1:16.29	1:08.09
41	8 & Under 100 yd Free Relay	1:18.59	1:23.29
42	9 - 10 200 yd Freestyle Relay	2:19.99	2:28.39
43	11 - 12 200 yd Freestyle Relay	2:01.79	2:10.39
44	13 - 14 200 yd Freestyle Relay	1:57.59	1:56.39
45	15 - 18 200 yd Freestyle Relay	1:54.09	1:48.29

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This completed and signed summary of fees and release form along with a hard copy of each team's entries and a check payable to JCSA must be received no later than Tuesday, March 3 for ALL Districts.

Name of YMCA: _____

Club Code: _____ (Must use the same code listed in Area Rules)

Name of person submitting entry: _____

Mailing Address: _____

Telephone #: _____

E-mail: _____

	Number of Swimmers	Number of Entries	Cost per Swim	Totals
Individual Entries	_____	_____	X \$3.00	_____
Relays		_____	X \$12.00	_____
# of Relay only Swimmers	_____			
Total # of Swimmers	_____		X \$3.50	_____
			Team Total	_____

In consideration of the acceptance of this entry, I, intending to be legally bound, hereby consign, waive, and release any and all rights and claims for damages which may occur against the Joliet JETS YMCA Swim Team and the Kishwaukee YMCA or their representatives, employees, or successors, for any or all injuries suffered by me or any contestant or representative in said meet as a representative of my club.

Signature: _____
 (Coach's Signature)

Date: _____

Signature: _____
 (Executive Director's Signature)

Date: _____

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USA Swimming's SWIMS Database Informational Sheet

Any teams and / or swimmers wanting to have their times from the Area Meet entered into USA Swimming's SWIMS Database system must return this completed form with their entries.

Note - Teams with no USA Swimming registered swimmers do not need to fill out this form.

Team Name: _____

LSC: _____

USA Swimming Club Code: _____

If your team's swimmers swim unattached, please list club code as unattached.

- 1) Do all the swimmers on your team have a current USA Swimming Membership?

_____ Yes – Proceed to number 3

_____ No – Proceed to number 2

- 2) Please list the swimmers who do have a current USA Swimming Membership with their USA Swimming ID number. Use additional sheets if needed.

Swimmer's Name	USA Swimming ID number
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

- 3) If you have any swimmers who are considered unattached as far as USA Swimming is concerned, please list these swimmers below. Use additional sheets if needed.

Swimmer's Name	USA Swimming ID number
_____	_____
_____	_____

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**ILLINOIS / MISSOURI AREA NATIONAL QUALIFYING MEET
FRIDAY, MARCH 6, 2009**

- Swimmers must be 12 years old or older to compete in this meet.
- Swimmer's age will be determined by the swimmer's age as of April 1, 2009.
- Swimmers are limited to two individual events for this meet plus relays.
- This meet will not be scored.
- No awards will be given.
- Entries are due on Tuesday, March 3, 2009.
- Swimmers must supply two timers with watches and counters (when necessary). Swimmers wanting a 1000 time in the 1650 Freestyle must supply four timers with watches.
- Events may be limited to the two fastest heats based on entry times submitted.
- Cost per event is \$3.00 for individual event and \$12.00 per relay.
- Warm-ups at 5:00 PM.
- Meet starts at 6:00 PM.

Order of Events

Women	Event	Men
1	200 Yd Breaststroke	2
3	400 Yd Individual Medley	4
5	400 Yd Free Relay	6
7	50 Yd Butterfly	8
9	200 Yd Backstroke	10
11	800 Yd Free Relay	12
13	50 Yd Breaststroke	14
15	200 Yd Butterfly	16
17	400 Yd Medley Relay	18
19	50 Yd Backstroke	20
21	*1000/1650 Yd Freestyle*	22

* The 1000 and 1650 Yard Freestyle events will be combined.

Qualifying Times for Participation in Friday's Meet						
WOMEN			Event	MEN		
LCM	SCM	Yards		Yards	SCM	LCM
3:08.85	3:05.48	2:46.19	200 Breast	2:31.78	2:49.40	2:55.47
5:54.34	5:49.99	5:13.59	400 IM	4:51.70	5:25.56	5:35.29
35.95	35.71	31.55	50 Fly	28.82	32.79	33.21
2:45.16	2:43.14	2:26.17	200 Back	2:14.73	2:30.37	2:34.86
42.56	41.31	36.55	50 Breast	34.11	38.96	40.35
2:47.70	2:46.57	2:29.25	200 Fly	2:16.16	2:31.96	2:34.73
38.48	38.01	33.30	50 Back	30.65	34.91	35.95
10:31.03	10:15.85	11:47.28	1000 Free	11:13.18	9:49.06	10:03.21
20:12.23	19:44.42	19:47.98	1650 Free	18:41.98	18:38.62	19:10.75

NOTE: There are no qualifying times for relay events.

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FRIDAY NIGHT QUALIFYING MEET

March 6, 2009

- 1) THIS ENTRY FORM IS ONLY FOR THE FRIDAY NIGHT QUALIFYING MEET. SEE ABOVE FOR ENTRY FORM SATURDAY AND SUNDAY'S AREA MEET.
- 2) ENTRIES FOR THIS MEET ARE TO BE EMAILED IN HY-TEK FORM TO entries@jolietYMCA.org.

This completed and signed summary of fees and release form along with a hard copy of each team's entries and a check payable to JCSA must be received no later than Tuesday, March 3rd.

Name of YMCA: _____

Club Code: _____ (Must use the same code listed in Area Rules)

Name of person submitting entry: _____

Mailing Address: _____

Telephone #: _____

E-mail: _____

	Number of Swimmers	Number of Entries	Cost per Swim	Totals
Individual Entries	_____	_____	X \$3.00	_____
Relays		_____	X \$12.00	_____
			Team Total	_____

In consideration of the acceptance of this entry, I, intending to be legally bound, hereby consign, waive, and release any and all rights and claims for damages which may occur against the Kishwaukee YMCA (DeKalb County) Swim Team, and the Kishwaukee YMCA or their representatives, employees, or successors, for any or all injuries suffered by me or any contestant or representative in said meet as a representative of my club.

Signature: _____
 (Coach's Signature)

Date: _____

Kishwaukee YMCA

Partial Floor Plan

Swimming Pool Areas

